Whitby Academy

Monday	
4:00 - 4:30pm	Lil Ninja's 4-6yrs
Change over	15 mins
4:45 - 5:30pm	Combat Kid's 6-9yrs
Change over	15 mins
5:45 - 6:30pm	Combat Kid's 9-14yrs
Change over	15 mins
6:45 - 7:30pm	10th Planet Jiu-Jitsu
Change over	15 mins
7:45 - 8:30pm	Kickboxing - Advanced
Wednesday	
4:00 - 4:30pm	Lil Ninja's 4-6yrs
Change over	15 mins
4:45 - 5:30pm	Combat Kid's 6-9yrs
Change over	15 mins
5:45 - 6:30pm	Combat Kid's 9-14yrs
Change over	15 mins
6:45 - 7:30pm	Kickboxing - Beginner
Change over	15 mins
7:45 - 8:30pm	Kickboxing - Advanced
Saturday	
9:30 - 10:00am	Lil Ninja's 4-6yrs
Change over	15 mins
10:15 - 11:00am	Combat Kids - 6-14yrs
Change over	15 mins
11:15am - 12:30	Kickboxing - Open Class

Please come ready to train just before your class starts.

